



Professional Development Reading List - SPIN SUMMIT 2014

Relative Energy Deficiency Syndrome (RED-S) -----

The IOC consensus statement: beyond the Female Athlete Triad—Relative Energy Deficiency in Sport (RED-S) (2014)

Mountjoy, M; Sundgot-Borgen, J; Burke, L; Carter, S; Constantini, N; Lebrun, C; Meyer, N; Sherman, R; Steffen, K; Budgett, R; Ljungqvist, A, *British Journal of Sports Medicine*, 48 (7), 1

Relative Energy Deficiency Syndrome (RED-S) + Female Athlete Triad -----

Misunderstanding the Female Athlete Triad: Refuting the IOC Consensus Statement on Relative Energy Deficiency in Sport (RED-S) (2014)

Mary Jane De Souza, Nancy I Williams, Aurelia Nattiv, et al., *British Journal of Sports Medicine* published online July 18, 2014

Female Athlete Triad -----

2014 Female Athlete Triad Coalition Consensus Statement on Treatment and Return to Play of the Female Athlete Triad (2014)

De Souza MJ, Nattiv A, Joy E, Misra M, Williams NI, Mallinson RJ, Gibbs JC, Olmsted M, Goolsby M, Matheson G., *Clinical Journal of Sport Medicine*, 24(2), 96-119

Ovarian suppression impairs sport performance in junior elite female swimmers (2014)

Vanheest JL, Rodgers CD, Mahoney CE, De Souza MJ. *Medicine and Science in Sport and Exercise*, 46(1), 156-66

Higher Incidence of Bone Stress Injuries With Increasing Female Athlete Triad-Related Risk Factors: A Prospective Multisite Study of Exercising Girls and Women (2014)

Barrack MT, Gibbs JC, De Souza MJ, Williams NI, Nichols JF, Rauh MJ, Nattiv A., *The American Journal of Sports Medicine*. Feb 24

The LEAF questionnaire: a screening tool for the identification of female athletes at risk for the female athlete triad (2014)

Melin A, Tornberg AB, Skouby S, Faber J, Ritz C, Sjödin A, Sundgot-Borgen J. *British Journal of Sports Medicine*, Feb 21

Bone mineral density, rib pain and other features of the female athlete triad in elite lightweight rowers (2014)

Dimitriou L, Weiler R, Lloyd-Smith R, Turner A, Heath L, James N, Reid A. *British Medical Journal Open*. Feb 12; 4(2)

2014 Female Athlete Triad Coalition Consensus Statement on Treatment and Return to Play of the Female Athlete Triad (2014)

De Souza MJ, Nattiv A, Joy E, Misra M, Williams NI, Mallinson RJ, Gibbs JC, Olmsted M, Goolsby M, Matheson G; Expert Panel. *British Journal of Sports Medicine*. 48(4), 289

Gender Differences in High School Coaches' Knowledge, Attitudes, and Communication About the Female Athlete Triad (2014)

Kroshus E, Sherman RT, Thompson RA, Sossin K, Austin SB, *Eating Disorders*, 22(3), 193-208

Low bone density risk is higher in exercising women with multiple triad risk factors (2014)

Gibbs JC, Nattiv A, Barrack MT, Williams NI, Rauh MJ, Nichols JF, De Souza MJ. *Medicine & Science in Sports & Exercise*, 46(1), 167-76

Low bone density risk is higher in exercising women with multiple triad risk factors (2014)

Gibbs JC, Nattiv A, Barrack MT, Williams NI, Rauh MJ, Nichols JF, De Souza MJ. *Medicine & Science in Sports & Exercise*. 46(1), 167-76

Disordered Eating -----

Eating psychopathology as a risk factor for depressive symptoms in a sample of British athletes (2014)

Shanmugam, V, Jowett, S., & Meyer, C. *Journal of Sports Sciences*, 32 (17), 1587-95

Disordered eating among adolescent female swimmers: Dietary, biochemical, and body composition factors, (2013)

Ferreira da Costa, N et al., *Nutrition Journal*, 29(1), 172-7

Psychometric evaluation of the eating disorder examination and eating disorder inventory questionnaire: a systematic review of the literature (2012)

Berg, K.C., Peterson, C.B., Frazier, P., & Crow, S.J. *International Journal of Eating Disorders*, 45(3), 428-438

Factors related to the onset of eating disorders reported by female collegiate athletes (2012)

Arthur-Cameselle, J., Quatromoni, P., *The Sport Psychologist*, 25(1), 1-17

Dieting to win or to be thin? A study of dieting and disordered eating among adolescent elite athletes and non-athlete controls (2010)

Martinsen, M, Bratland-Sanda, S, Eriksson, AK, Sundgot-Borgen, J., *British Journal of Sports Medicine*, 44 (1), 70-76

Eating Disorders in Men: Underdiagnosed, Undertreated, and Misunderstood (2012)
Strother, E, et al., *Eating Disorders*, 20(5), 346–355

Aspects of disordered eating continuum in elite high-intensity sports (2010)
Sundgot-Borgen, J, & Torstveit, MK, *Scandinavian Journal of Medicine & Science in Sports*, 20 (Suppl. 2), 112–121

Learning from Collegiate Athletes who have Recovered from Eating Disorders: Advice to Coaches, Parents, and Other Athletes with Eating Disorders, (2012) Arthur-Camaselle, J. *Journal of Applied Sport Psychology*, 24, 1–9

Perceived vulnerabilities of female athletes to the development of disordered eating behaviours, (2012), Kerr, G., & Stirling, A. *European Journal of Sport Science*, 12(3), 262-273